



CanBeWell

Canadian Association of BioEnergetic Wellness

Welcome to CanBeWell's 30th Anniversary Celebrations for Legacy Leaders - 2024

Our goal tonight is to celebrate the achievements of our Canadian and International colleagues and pave the way for our future programs and publications to rise and shine in brighter way for the public and for wellness.

Legacy Leader Partner Awards

Criteria: Awarded to a CanBeWell Partner who provides outreach through their organization as well as with the CanBeWell opportunities.

Published: New Program Global Impact: CanBeWell

Book: **BioEnergetic Essentials** Published by: Waines Publishing

(2021) Collaboration with Tanya Levy (ATTN), Natascha Polomski (CanBeWell Board), Paula Nowak Droog (Member), and Dr. Michelle Greenwell (CanBeWell Board)

Research: Natural BioEnergetics Global

People Who Chose the Preventive Natural Bioenergetics (NB) COVID-19 Treatment Safely Experienced a Significant Reduction of COVID-19 Symptoms Compared to the General Population

Dr. Thibaud d'Oultremont (2021)

New Program Global Impact: Muscle Tuners International - CEO Denise Cambiotti

New Program National Impact: Atlantic Therapeutic Touch® Network: "Therapeutic Touch® for Families" (2019) Cherry Whitaker, Natascha Polomski, and Dr. Michelle Greenwell

Global Collaborations: (2022-2024) CanBeWell with IASK World Mental Health Day

Linda Easthouse, Dr. Michelle Greenwell (CanBeWell), Sabine Rosen, and Emma Acquarone (IASK).

Legacy Leader Member Awards

Member Awards Categories:

1. Published: Criteria: Awarded to a CanBeWell member who has published and distributed materials

that enhance member education, global resources, or public education (i.e. books, cards, videos, games, tea, etc.).

2. New Program: Criteria: Recognizes a CanBeWell member for the development of a program that offers a textbook or handbook, a certification program, or expanded an educational component with another institution.

3. Global Collaborations: Criteria: Awarded to a group with at least one CanBeWell member, who has collaborated with international colleagues to advance the term of BioEnergetic Wellness globally.

We did not have any research work recognized for the Member Awards.

Touch for Health® focused projects:

Dr. Greg Webb – 3 awards

Published Video Work: Muscle Monitoring DVD Series “Anatomy of Kinesiology Muscle Monitoring” (2015)

Groundbreaking New Programming: “Muscle Melting Made Easy” (2021) assistance from Yolande Kielstra

New Supplemental Programming: “ABC’s of Nutrition” (2021) –assistance from Cynthia Aldred

Helga Petersen – 2 awards

Published Graphic Work: Touch for Health® Posters (2018) - 14 and 42 Muscles –

New Integrative Programming: “Foot Reflexology and Musculo Reflexes Manual and Workshop” (2019)

Sharon Promislow – 2 awards

Practical Published Work: “Putting out the Fire of Fear: Extinguishing the Burning Issues in your Life” (2002)

Internationally Acclaimed Published Work: “Making the Brain Body Connection” (1997)

Evelyn Mulders – 3 awards

Energy Field Published Work: “The Essence of Sound: Full Spectrum Vibrational Healing for the Meridians, Chakras, Auric Fields & Figure Eight Energies” (2010)

Multi-Awarded Published Work: “Whispering Herbs Healing Cards” (2020)

Inspirational Published Work: Vibrational Remedies: “Sound Essence Vibrational Remedies” (1998)

New Nutritional Programming: “Tea with Intention” tea and book (2015) – Dr. Michelle Greenwell and Natascha

New Academic Programming: “Raising BioEnergetic Awareness” (2021) – Natascha Polomski and Dr. Michelle Greenwell

Impactful Published Work: Resilience in Chaos: A Guide for Emergency Professionals to Conquer Stress and Burnout” (2024) – Natascha Polomski

Integrated Published Work: Affirmations for the Body and the BioField card deck and book (2022) – Tanya Levy and Dr. Michelle Greenwell

Family Focused Published Work: It’s in the Cards deck (2020) – Tanya Levy, Paula Nowak Droog and Dr. Michelle Greenwell

Inspirational Published Work: “The Gift of Hope: Real People Who Changed Their Lives” (2021) - Linda Orr Easthouse and Brian L. Mathews

First Aid Published Work: “Pushing the Reset Button: The busy professional's guide to a healthy lifestyle you will love” (2014, second edition 2020) - Linda Easthouse

Innovative New Programming: “Unwinding Trauma – Building Resiliency” (2023) – Dr. Michelle Greenwell, Colin MacLeod and Tanya Levy

Foundational New Programming: “Qi YINtegration” (2014-2024)– Dr. Michelle Greenwell

Innovative New Business Programming: “Business Code Breaker” (2023) – Evelyn Mulders and Denise Cambiotti

4. Global Collaborations:

Criteria: Awarded to a group with at least one CanBeWell member, who has collaborated with international colleagues to advance the term of BioEnergetic Wellness globally.

Global Academic Collaborations: “Kinesiology College of Canada” (1996) – Evelyn Mulders

Integrative Global Collaborations: A.M.E. for Greatness Project (2024)– Dr. Michelle Greenwell (Canada), Einav Avni (UK), Ann Smets (Belgium).

